

**The Church of the Epiphany**  
**The Second Sunday of Easter, Year A**  
**April 16, 2023**  
**10:30 a.m.**

**The Holy Eucharist: Rite Two**

*This service leaflet is excerpted from the Book of Common Prayer (BCP), the red book located in the pew rack in front of you. If you prefer to use the BCP itself to aid your worship, all BCP page numbers are noted. Hymns and service music are from The Hymnal 1982, the blue book located in the pew rack in front of you. Service music is noted by an S in front of the number and can be found in the front of The Hymnal 1982, before the hymns.*

*(The worship service is live-streamed. Streaming and recording concludes at The Great Thanksgiving. Holy Communion is not recorded.)*

Prelude: *The Day of Resurrection* – C. Callahan

Welcome and Announcements

THE WORD OF GOD

*The people stand.*

Processional Hymn: 205 *Good Christians all, rejoice and sing*

*The people standing, the Priest-Celebrant joins the people in facing the Altar and says*

Alleluia. Christ is risen.

BCP 355

*People* **The Lord is risen indeed. Alleluia.**

*The Priest-Celebrant says the Collect for Purity*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

*The Gloria in Excelsis is sung by all, standing.*

Hymnal S-280

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

*The Priest-Celebrant says to the people*

The Lord be with you.

*People* **And also with you.**

*The Priest-Celebrant faces the Altar and says the Collect of the Day.*

BCP 222

*Celebrant* Let us pray.

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

*The people sit.*

*The Lessons, as appointed, are read. A Psalm, hymn, or anthem may follow each Reading.*

*Reader* A Reading from Acts [2:14(a), 22-32]

Peter, standing with the eleven, raised his voice and addressed the crowd, “You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know— this man, handed over to you according to the definite plan and foreknowledge of God, you crucified and killed by the hands of those outside the law. But God raised him up, having freed him from death, because it was impossible for him to be held in its power. For David says concerning him,

‘I saw the Lord always before me,  
     for he is at my right hand so that I will not be  
     shaken;  
 therefore my heart was glad, and my tongue  
     rejoiced;  
     moreover my flesh will live in hope.  
 For you will not abandon my soul to Hades,  
     or let your Holy One experience corruption.  
 You have made known to me the ways of life;  
     you will make me full of gladness with your  
     presence.’

“Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day. Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne. Foreseeing this, David spoke of the resurrection of the Messiah, saying,

‘He was not abandoned to Hades,  
     nor did his flesh experience corruption.’

This Jesus God raised up, and of that all of us are witnesses.”

*Reader* The Word of the Lord

*People* **Thanks be to God.**

*Silence follows*

*Reader* The Psalm for today is Psalm 16 [*Conserve me, Domine*]

We will read responsively by whole verse. BCP 599

- 1 Protect me, O God, for I take refuge in you; \*  
I have said to the LORD, "You are my Lord,  
my good above all other."
- 2 **All my delight is upon the godly that are in the  
land, \***  
**upon those who are noble among the people.**
- 3 But those who run after other gods \*  
shall have their troubles multiplied.
- 4 **Their libations of blood I will not offer, \***  
**nor take the names of their gods upon my lips.**
- 5 O LORD, you are my portion and my cup; \*  
it is you who uphold my lot.
- 6 **My boundaries enclose a pleasant land; \***  
**indeed, I have a goodly heritage.**
- 7 I will bless the LORD who gives me counsel; \*  
my heart teaches me, night after night.
- 8 **I have set the LORD always before me; \***  
**because he is at my right hand I shall not fall.**
- 9 My heart, therefore, is glad, and my spirit rejoices; \*  
my body also shall rest in hope.
- 10 **For you will not abandon me to the grave, \***  
**nor let your holy one see the Pit.**
- 11 You will show me the path of life; \*  
in your presence there is fullness of joy,  
and in your right hand are pleasures for evermore.

*Reader* A Reading from 1 Peter [1:3-9]

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. In this you rejoice, even if now for a little while you have had to suffer various trials, so that the genuineness of your faith-- being more precious than gold that, though perishable, is tested by fire-- may be found to result in praise and glory and honor when Jesus Christ is revealed. Although you have not seen him, you love him; and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, for you are receiving the outcome of your faith, the salvation of your souls.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

*Silence follows*

*The people stand.*

Gospel Acclamation for Eastertide

Alleluias

James Biery

*Sung through three, six, or nine times.*



*Then, all standing, the Priest-Celebrant reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ  
According to John [20:19-31].

*People* **Glory to you, Lord Christ.**

When it was evening on that day, the first day of the week,  
and the doors of the house where the disciples had met

were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

*After the Gospel, the Priest-Celebrant says*

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

THE HOMILY

The Rev'd Kristin Wickersham

*Silence follows*

*The people stand. The Priest-Celebrant and people say*

THE NICENE CREED

BCP 358

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

THE PRAYERS OF THE PEOPLE

Intercessions for Year A

*The Intercessor and people pray responsively*

*Intercessor* Let us rejoice in the living hope that has been given to us through the resurrection of Jesus Christ, as we respond to each petition by saying, “Hear us, O risen Christ.”

In thanksgiving for the fellowship we share with Christians throughout the world, who hold high the light of Christ that overpowers death and reveals the promises of God’s eternal reign; let us pray.

*People* **Hear us, O risen Christ.**

*Intercessor* Grant us your abiding and merciful presence, so that in the time of trial we will not be shaken, but may walk the path of your glory to the fullness of your joy; let us pray.

*People* **Hear us, O risen Christ.**

*Intercessor* Show us your wounds, that we may see your face in the faces of the poor and hungry, the abused and rejected, the lonely and despised, and respond with the sacrificial generosity by which you redeemed humanity from sin and evil; let us pray.

*People* **Hear us, O risen Christ.**

*Intercessor* Help us to be a people of forgiveness, moving beyond our feelings of betrayal and rejection, to forgive those who have pierced our hearts, and to receive forgiveness from those whom we have wounded, so that together we may receive the victory of love for which Christ gave his life; let us pray.

*People* **Hear us, O risen Christ.**

*Intercessor* Direct the Church on the road to mutual respect, fidelity, and peace honoring different cultures, languages, races, and peoples so that we may discover the beauty of the global community for which Christ stretched forth his arms of love; let us pray.

*People* **Hear us, O risen Christ.**



*Intercessor* Bread of life and cup of our eternal joy, fill us with these riches of your grace, that we may know your constant presence with those who dwell on earth, and with those whose dwelling place is in paradise; let us pray.

*People* **Hear us, O risen Christ.**

*Intercessor* In companionship with all the baptized, let us continue our prayers.

*Silence follows*

*The people may add their own intercessions and thanksgivings, either silently or aloud.*

*The Priest-Celebrant concludes with a suitable Collect.*

BCP 395

Almighty God, to whom our needs are known before we ask. Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. **Amen.**

THE PEACE

*All stand.*

*The Priest-Celebrant says to the people*

The peace of the Lord be always with you.

*People* **And also with you.**

*Then the Priest-Celebrant and people may greet one another in the name of the Lord.*

THE OFFERTORY SENTENCE

*The Priest-Celebrant says to the people*

BCP 376

Worthy is the Lamb that was slain to receive power and riches and wisdom and strength and honor and glory and blessing.

*Revelation 5:12*

Let us with gladness present the offerings and oblations of our life and labor to the Lord.

*The people sit.*

*The people place their offerings and commitment/pledge cards into offering plates, which are brought to the Deacon at the altar as an offering to God, and blessed by the Priest-Celebrant.*

Voluntary: *This Joyful Eastertide* – R. Prouls

*The people stand.*

Hymn 174 *At the Lamb's high feast we sing*

## THE HOLY COMMUNION

THE GREAT THANKSGIVING

*Eucharistic Prayer B*

BCP 367

*The Priest-Celebrant faces the people and says*

The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*The Priest-Celebrant proceeds*

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS

Hymnal S-130

*Priest-Celebrant and People*

**Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The people stand or kneel.*

*Then the Priest-Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*The Priest-Celebrant and people say*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Priest-Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Blessed Mary, the Mother of God, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

*People*     **AMEN.**

*The Priest-Celebrant continues*

And now, as our Savior Christ has taught us, we are bold to say,

*The Priest-Celebrant and people say*

BCP 364

**Our Father, who art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done,  
                  on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those  
                  who trespass against us**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory  
for ever and ever. *Amen.***

THE BREAKING OF THE BREAD

*The Priest-Celebrant breaks the consecrated Bread.  
A period of silence is kept.*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;  
*People* **Therefore let us keep the feast. Alleluia.**

THE AGNUS DEI

Hymnal S-161

*Priest-Celebrant and People*

**Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
grant us peace.**

*Facing the people, the Priest-Celebrant says the following Invitation*

The Gifts of God for the People of God.

*The Priest-Celebrant and ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*How to Receive Communion and An Invitation to Baptism*

*All baptized Christians are invited to receive communion. If you do not wish to receive, you may come forward for a blessing, indicating this by crossing your arms over your chest. If you desire to be Baptized and thereby enter into membership in the mystical Body of Christ, the Church, please contact the Priest-in-Charge.*

*At the altar rail, to receive the bread, lay your right hand in your left hand, palm open. To receive the wine, as the priest brings the chalice to your lips, gently touch the base of the chalice and help guide it.*

*We do not allow the practice of intinction, or dipping the bread into the consecrated wine. If you do not wish to receive the consecrated wine, please indicate this by crossing your arms over your chest. Although we encourage*

*reception in both kinds, the grace of God present in the holy sacrament is fully available in the bread or the wine alone.*

*If you would like communion brought to you in your pew, please tell an usher and the priest will come to you.*

*The Bread and the Cup are given to the communicants with these words*

BCP 365

*Celebrant*           The Body of Christ, the bread of heaven.

*Communicant*       **Amen.**

*Celebrant*           The Blood of Christ, the cup of salvation.

*Communicant*       **Amen.**

*The people join the choir in singing the hymns during Communion.*

Hymns During Communion

Hymn: 178 *Alleluia, alleluia! Jesus is the Lord*

Taizé Chant: Eat This Bread

**Eat this bread, Drink this cup  
Come to Him and never be hungry.  
Eat this bread, Drink this cup,  
Trust in Him and you will not thirst.**

*After Communion, the Priest-Celebrant says*

Let us pray.

*Priest-Celebrant and People*

BCP 365

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. *Amen.***

*The Priest-Celebrant blesses the people.*

Planning for Rites and Rituals

May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing.

*People*    **Amen.**

May God, who through the water of baptism has raised us from sin into newness of life, make you holy and worthy to be united with Christ for ever.

*People*    **Amen.**

May God, who has brought us out of bondage to sin into true lasting freedom in the Redeemer, bring you to your eternal inheritance.

*People*    **Amen.**

And the blessing of God Almighty, The Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Post-Communion Hymn: 492    *Sing, ye faithful,*

THE DISMISSAL

*The Priest-Celebrant dismisses the people.*

Let us go forth in the name of Christ. Alleluia, alleluia.

*People*    **Thanks be to God, Alleluia, Alleluia..**

*The flowers on the altar this morning are given to the Glory of God in loving memory of Betty Van Valkenburg.*

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An Outline of the Faith  
commonly called the Catechism

The Holy Eucharist

BCP 859

Q. What is the Holy Eucharist?

- A. The Holy Eucharist is the sacrament commanded by Christ for the continual remembrance of his life, death, and resurrection, until his coming again.
- Q. Why is the Eucharist called a sacrifice?
- A. Because the Eucharist, the Church's sacrifice of praise and thanksgiving, is the way by which the sacrifice of Christ is made present, and in which he unites us to his one offering of himself.
- Q. By what other names is this service known?
- A. The Holy Eucharist is called the Lord's Supper, and Holy Communion; it is also known as the Divine Liturgy, the Mass, and the Great Offering.
- Q. What is the outward and visible sign in the Eucharist?
- A. The outward and visible sign in the Eucharist is bread and wine, given and received according to Christ's command.
- Q. What is the inward and spiritual grace given in the Eucharist?
- A. The inward and spiritual grace in the Holy Communion is the Body and Blood of Christ given to his people, and received by faith.
- Q. What are the benefits which we receive in the Lord's Supper?
- A. The benefits we receive are the forgiveness of our sins, the strengthening of our union with Christ and one another, and the foretaste of the heavenly banquet which is our nourishment in eternal life..
- Q. What is required of us when we come to the Eucharist?
- A. It is required that we should examine our lives, repent of our sins, and be in love and charity with all people.



**The Church of the Epiphany**

*An Episcopal Church and member of the worldwide Anglican Communion*

8000 Hermitage Road  
Richmond, Virginia 23228  
(804) 266-2503

Office Hours:  
Tuesday, Wednesday, and Thursday  
9:00 a.m. – noon

The Rev'd Kristin P. R. Wickersham, Priest-in-Charge  
Mrs. Anita Williams, Minister of Music  
Mrs. Lucy Whitlock, Parish Administrator  
Mr. Timon Kenyi, Sexton  
Marty Shephard, Treasurer

The Vestry

Gray Corbett (Sr. Warden), Randy Holden (Jr. Warden),  
Becky Card (Register), Scott Blackwell, Cory Isemann, Stacy Mitchell,  
John Norris, John Sarvay, Jeri Townley



**On the Calendar and Coming up**

**Sun. April 16<sup>th</sup>**  
8:15 am—Holy Eucharist  
10:30 am—Holy Eucharist

7:30 pm—AA Meeting in parish hall

**Tue. April 18<sup>th</sup>**  
7:00 pm—JRRingers

**Wed. April 19<sup>th</sup>**  
Noon Service  
6:00 pm—Bible Study

**Thur. April 20<sup>th</sup>**  
6:15 pm—Choir rehearsal  
7:30 pm—Handbell Rehearsal

**Fri. April 21<sup>st</sup>**  
7:30 pm —AA meeting in the parish hall

**Sun. April 23<sup>rd</sup>**  
8:15 am—Holy Eucharist  
10:30 am—Holy Eucharist

2<sup>nd</sup> Sunday Brunch Lunch

7:30pm —AA meeting in the parish hall

**2<sup>nd</sup> Sunday Brunch Lunch Today!** We look forward to having you join us. We always have plenty of food, so come and enjoy the fellowship and good food!

**Due to the lateness of getting the Easter Flowers** we are asking for donations to help cover the cost this year, so the church doesn't have to pay for all of them. We appreciate any donation whether small or large. No names will be listed but they are for all your loved ones. Thank you in advance for your support!

**"Shout out to all women of Epiphany** — The women's breakfast is coming up on May 7th following the 8:15 am service. Come and enjoy breakfast in the parish hall prepared & served by the men, Chapter 11. Come enjoy good food, fellowship with friends and the amazing speaker from Hope for Humanity. There will be a sign up sheet on the table in the hall next week. Hope to see you all there!"

**Mark your calendars** for Sunday, June 4<sup>th</sup> Acolyte Appreciation Day!

**Lamb's Basket** is in need of all types of food but they especially need cereals!

Attendance: April 9, 2023  
10:30 am 129

**Outreach Opportunities**



The diaper ministry continues to hold diaper distribution on the third Saturday of every month from 10 am to 12 noon. This inspirational ministry has been touching families lives in our community since 2018 and continues to welcome new families each month. This ministry offers the parish an outreach opportunity to share God's love and develop relationships within our community. The most recent diaper distribution was held Saturday, April 15<sup>th</sup> and **the next diaper distribution day is on May 15<sup>th</sup>**. A sign-up sheet is on the outreach board in the parish hallway for anyone interested in volunteering. Donations of diapers (sizes 5 and 6) and wipes are also appreciated. Thank you again to everyone for your continued support of this ministry!



A copy of the **2023 homeless lunch schedule** is available on the bulletin board in the parish hallway if anyone would like a copy. If anyone is interested in taking part in this ministry, ALL are welcome! Contact Mary Sam Abernathy (msabernathy88@gmail.com) or the team lead, for the team you are interested in helping. **The next lunches are scheduled to be prepared and delivered by the Green Team on April 29<sup>th</sup>**. Thank you to the Vestry who prepared and delivered lunches on April the 1st. This ministry is currently in its 24<sup>th</sup> year! **Donations of paper lunch bags, sandwich bags and napkins** are always welcome as well and can be dropped at the church office. Additionally, if you have further questions or concerns, I am always available to answer any questions. Crystal Sarvay, Outreach Coordinator ([crystalsarvay@gmail.com](mailto:crystalsarvay@gmail.com)).



**Parish Nurse News and Outreach:** Be on the lookout for an exciting opportunity coming soon where we will be partnering with the school community and 4H club in offering a nutritional event in the parish hall and kitchen for a few hours during the morning on three to four Thursday mornings this Spring. Families from our local school community are being offered the opportunity to sign up for a "crockpot cooking class," where they will be educated on simple, nutritious meal preparation for their family. They are providing the nutritionist, and crockpots and are asking if we can donate food items for the simple recipes. More information on the meals planned for these "one-pot" family style recipes to come. The maximum number of families allowed to sign up for each day is 10. Please, contact Crystal Sarvay if you have any questions.

*The love and kindness that our parish shares is beyond amazing!  
Love lives here!*



**COMMUNICATION CARD**

April 16, 2023

Our Communication Card is for **all people at The Church of the Epiphany** so that you can share your thoughts and prayers, and request information.

If you are new, please complete the opposite side so we also have your contact information.

I'd like more information about an upcoming event or program

I am RSVPing or signing up for:

I am interested in learning more about how to be part of the following ministries or programs:

- |   |  |
|---|--|
| <input type="checkbox"/> Music          | <input type="checkbox"/> Greeters      |
| <input type="checkbox"/> Altar Guild    | <input type="checkbox"/> Pastoral Care |
| <input type="checkbox"/> Office help    | <input type="checkbox"/> Readers       |
| <input type="checkbox"/> Christian Ed   | <input type="checkbox"/> Prayer Team   |
| <input type="checkbox"/> Outreach       | <input type="checkbox"/> Ushers        |
| <input type="checkbox"/> Chalice Bearer | <input type="checkbox"/> _____         |

**Prayer Requests / Comments**

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