

On the Calendar and Coming up

Sunday, March 30th

8:15 AM—Holy Eucharist
9:30 AM— Adult Forum
10:15 AM—Sun. School
10:30 AM - Holy Eucharist
7:00 PM—Youth Group mtg. @ church

Monday, March 31st

11:00 AM— Book Club

Tuesday, April 1st

12:00 noon—Men’s Bible Class & lunch
5:30 PM— YOGA
7:00 PM—JRRingers

Wednesday April 2nd

12:00 PM—Holy Eucharist with Healing Prayers
5:45 PM—Lenten Program @ Our Lady of Lourdes

Thursday, April 3rd

9:30 AM—Lamb’s Basket Volunteers (Clients)
6:15 PM—Chancel Choir Rehearsal
7:30 PM—Handbell Rehearsal

Saturday, April 5th

8:30 AM— Outreach Feeding Program—**Vestry Team**

Sunday, April 6th

8:15 AM—Holy Eucharist
9:30 AM— Adult Forum
10:15 AM—Sun. School
10:30 AM - Holy Eucharist
7:00 PM—Youth Group mtg. @ church

Adult Forum: Today: *The Promissory Language that Breaks Despair*

by Dr. Walter Brueggemann, Old Testament scholar, on the poetic prophecy of the Hebrew Bible and what it means to us today. **Next Sunday, April 6th**, we will begin a two week series on planning for end of life: how we can give our families the gift of laying out plans for our memorial services. What are the options? What is important to us? How can we take the burden of decisions off our families’ shoulders? It is never too early to put together a plan and file it with the rector. Grab a cup of coffee and join us @ 9:30 AM in the parlor.

Monday Book Club, @ 11:00 AM. The book they are reading is "*Pastrix: The Cranky Beautiful Faith of a Sinner and Saint*" by Nadia Bolz-Weber. All are welcome to join us in the parlor!

Men’s Bible Class and bag lunch on Tuesday, April 1st @ noon. Join Mary+ in the parish hall.

Did You Know... that you are always welcome to take participation in any activities or ministries for a “test drive”. You can try it and if you don’t feel like it’s a good fit for you, you can try something else. No obligation until you find the thing that makes your heart sing!

Yoga Tuesday—Join us for YOGA!

Attendance: March 23, 2014
8:15 am: 5 10:30 am: 83

COME TO THE TABLE

Lakeside LARCUM 2014 Lenten Series

Christ Lutheran, Church of the Epiphany Episcopal, Our Lady of Lourdes Roman Catholic, and Lakeside United Methodist

Wednesday Nights at Our Lady of Lourdes

8250 Woodman Road

Dinner 5:45pm
Prayer Service 6:30pm
Program 6:45pm

April 2 – “Peace at the Table”
April 9 – “Strangers at the Table”

Holladay Elementary is collecting plastic bottle caps for a huge mosaic they plan on doing. They need caps of all sizes, for example, milk cartons, juice cartons, and two liter bottles. If you could please put them in baggies and bring them to church and give them to **Diana Stone**, it would be greatly appreciated.

Spring Cleaning Day! Volunteers are needed to spruce-up the building & grounds on Saturday, April 12 from 8:30 am until noon. There are a number of small jobs from gutter cleaning to gum ball collection. If we get a good turn-out, we may be able to get the kitchen painted. Please let Scott Blackwell know if you will be able to participate.

Time to place your order for Easter flowers or the Banner Fund. You can drop off a note in the office and let me know who it is in memory of or thanksgiving for. Cost is \$15.00.

An Epiphany Blessing! You may have heard that the air conditioning system in the church is on its last legs. All of the equipment is from the original 1967 installation. How many of our home air conditioners have lasted 47 years? Well, because of the generosity and commitment of our parishioners, we will be replacing the system before Holy Week services. This has been made possible by two large individual gifts and everyone’s increased giving to the Building Fund. Hopefully, we can all “feel” how Epiphany is so much more than bricks & mortar.

COMMUNICATION CARD

March 30, 2014

Our Communication Card is for **all people at The Church of the Epiphany** so that you can share your thoughts and prayers, and request information.

If you are new, please complete the opposite side so we also have your contact information.

I’d like more information about an upcoming event or program

I am RSVPing or signing up for:

I am interested in learning more about how to be part of the following ministries or programs:

- | | |
|---|--|
| <input type="checkbox"/> Music | <input type="checkbox"/> Greeters |
| <input type="checkbox"/> Altar Guild | <input type="checkbox"/> Pastoral Care |
| <input type="checkbox"/> Office help | <input type="checkbox"/> Readers |
| <input type="checkbox"/> Christian Ed | <input type="checkbox"/> Prayer Team |
| <input type="checkbox"/> Outreach | <input type="checkbox"/> Ushers |
| <input type="checkbox"/> Chalice Bearer | <input type="checkbox"/> _____ |

Prayer Requests / Comments

(over)

COMMUNICATION CARD

March 30, 2014

Welcome! You have blessed us with your presence. Please tell us how we can best serve you by completing the Communication Card.

Please place in the offering basket, hand it to an usher, or place on the table in the vestibule.

- I'm looking for a church home
- I'd like to speak with a clergy member
- I'm ready to become a member
- I'm just visiting today

Name & Address Please update

Phone _____

Email _____

Children's names and ages

Please give me more information about:

- Children's / Youth Programs
- Social events
- Outreach opportunities
- Classes and Small Group Studies
- Baptism or Confirmation
- How I can get involved

How did you hear about Epiphany?

(over)

FOR YOUR PRAYERS

For the church: We pray for the church of the Epiphany the Episcopal Diocese of Virginia, the Episcopal Church (USA), and the Anglican Communion, for all clergy and laypeople, and those whom we will welcome today.

In The Anglican Cycle of Prayer we pray for: The Church of Ireland

In the Metro Richmond Cycle of Prayer we pray for health care in Metropolitan Richmond: For a spirit of love, cooperation, peace, community and commitment to all people in God's Name.

In the SAMS Prayer Calendar we pray for: SAMS home staff: Lynn, Denise, Nita, Ron, Dana, Bonnie and Stewart as they support and encourage missionaries and the church here in the U.S. and globally.

In the Lakeside Churches Cycle of Prayer we pray for: Christ Lutheran Church, the Rev. Eric Moehring and the Rev. Kristin Hunsinger.

Prayers for our Service Men and Women: Matt Guyer, Amanda Hoffert, David Hoffert, Patrick Lineberry, Dennis Miller, Caitlin Mitchell, Bryan Murphy, Billy Tucker, Andrew Smith, and Chris Tuck.

Prayers for those expecting a child: Cary & Jill Baynes, Nick & Elizabeth Jones Wolf, Bryan & Catherine Turner, Cory & Jessica Isemann.

Prayers for Healing, Wholeness, Comfort, Guidance, and Safe Travel: Carl Burley, Ray Hampton, Peggy Adleman, Dot Hudson, Dottie Strabley, Walter Reid, Ray Lovelace, Bob Jimerson, Bertha Morgan, Fred Bales, Martha Jenkins, Wayne Whitlock, Alice Elionai, Bob Giannini; Pat Dunn, Connie Neal, Marietta Spring, Roseanne Stockwell, Ruth Williams, Juliet Wynne; Kathryn Cook—friend of Connie Neal, Mary Stockdell—daughter-in-law of Susan Josenhans, Heather—friend of Melissa Durrer, Stuart & Jean Swink—sister & brother-in-law of Irene Morris, Becky Smith—friend of Melba Shumaker, Jeff Eppes—brother of Jim Eppes, Conrad Lawrence—Aggie Gallagher's brother, Gary Peper—Lucy Whitlock's brother-in-law, Patty Sue—niece of Ann Schaefer, Steve Farmer—neighbor of Betty Van Valkenburg, Debbie Williams—Herb Williams sister-in-law, Freda Bush—friend of Susie Wasiluk, Shirley Jamyson—friend of Lydia Callaway, Bucky Turner—friend of Jenn Whitlock, Meghan Thacker, daughter of Gray Corbett, Rick Lawrence —Jan Lawrence's son, Luke Murphy—Ray & Charlotte Lovelace's great-grandson, James McCoy—Sue Rasmussen's friend, Jack Patterson—grandfather of Jessica Isemann, Mike Marcial—co-worker of Cory Isemann, James Stillman—friend of Milton Jenkins, Virginia Hayward—friend of Ann Henderson, Betty Hall—friend of the Nicholas', Mary Brooks—mother of Anita Williams, Helen & David Hedrick—Mom & step-father of Diane Major, Collean McMurdo—daughter-in-law of Keith McMurdo, Jamie Callaway—great-grandson of Lydia Callaway, Bob Thornbloom—friend of Doug Thorpe, Bill Wells—friend of Sarah Jenkins, Braton Shewey, husband of Nancy Shewey, Bob Wordinger—cousin of Carole Noe, Cynthia Majewski—friend of Sue Rasmussen, Warren & Carl Powell—brothers of Shirley Hughson, Mary Anna Phillips—friend of Sue Rasmussen, Misty Compton—friend of the Holdens, Paul Bonuccelli & Barbara Malloy—uncle & cousin of Jeannie Riddick, Dorsey Weikert—John & Diana Stone's brother-in law's father, Buddy & Doris Barkley—family of the Strabley's.

Prayers for the departed:

CHURCH OF THE EPIPHANY

Today's Ministers

Weekly Worship

Sundays at 8:15 a.m. (meditative service)
& 10:30 a.m. (with choir)
Wednesday at noon: Holy Eucharist with Healing Prayers and Laying On of Hands

Contact info:

8000 Hermitage Road
804-266-2503

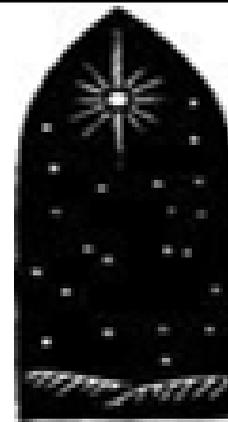
Web: www.epiphanyepiscopal.com
The Very Rev. Mary Brennan Thorpe,
Rector
mary@epiphanyepiscopal.com

8:15 AM—Holy Eucharist

Usher: Paul Jones
Reader: Lauryn Boyd
Chalice: Harrison Higgins

10:30 AM - Holy Eucharist

Ushers: Frosine Corbett, Sandy Ruder, Denise Russell, Kathy Nicholas
Acolytes: Stephanie Holden, Lucas Couturier, Caroline Couturier, Hunter Mitchell
Lessons: Gray Corbett
Prayers:
Chalice: Gray Corbett, Harrison Higgins
Vestry Greeters: Sam Craver, Joyce Melton
Altar Guild: Joyce Melton, Karen Holden
Nursery: Patty White, Mary Sam Abernathy
Coffee Hour: Chapter 11—Men's Group
Counters: Wayne & Lucy Whitlock



The Church of the Epiphany

ANNOUNCEMENTS

The Fourth Sunday in Lent

March 30, 2014

Welcome—we are glad you are here! Know that whoever you are, and where ever you are in your spiritual journey, you have a place here. If you are new, or haven't yet given us your contact information, please complete the attached communication card and place it in the plate so that you can learn more about Epiphany's community.

Nursery care is available from 10:15-11:45 a.m.

From Mary's Desk:

We continue to focus this Lent on letting go of the feelings and behavior that get in the way of our relationship with God.

What to let go of today? What to lay on the altar, to leave to God's attention? Can we come up with a perfect list of what is next?

Because, of course, we are all about the perfect lists. All the things we need to do. All the places we need to go. All the accomplishments we need to check off. Proving what? That we are smart or clever or well-traveled or rich or [*you fill in the blank*]?

This is the flip side of what we talked about last week – judgment. It's about feeling like we need to do things to avoid being judged and found wanting. It's about thinking that our only worth is in the number of checkmarks on our lists. But is that what God cares about? Probably not. My guess is that God cares little about such things. God cares instead about the way we are being, not about how we are doing. Are we kind? Are we faithful? Are we gentle with those around us? Are we loving? Are we conscious of how all of God's creation is to be cherished? We spend so much time and energy on those awful lists – these days, folks even anticipate death by constructing "bucket lists" of things they want to get/do/see before they die. But it is not what we get/do/see that will be remembered by those around us. It is our attention, our loving smiles, our warmth, our laughter. The things that cannot be reduced to a checklist item. The things that are based on love.

So it is time to take the drive to check everything off on our lists and lay that on the altar. Simply be God's child, caring for other children of God, thankful for what we have rather than continually striving for the thing that is just beyond our reach.

This Lent, let it go. Let the space in your heart that is full of the urge to do it all and meet some worldly standard of accomplishment be emptied and refilled with God's peace.