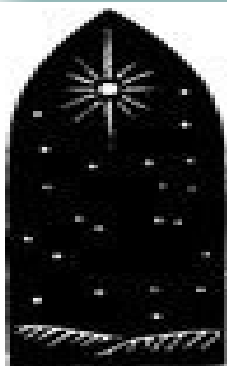


## THE CHURCH OF THE EPIPHANY

## THE STAR

February 2018

## FROM FATHER ANDREW...

**WHO WE ARE:**

The Church of the Epiphany is one of 181 parishes of the Episcopal Diocese of Virginia, which is one of 110 dioceses in The Episcopal Church (USA), one of 44 member churches in the worldwide Anglican Communion.

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The holy season of Lent is fast approaching us. During this time the Church calls us, in the words of the Book of Common Prayer "to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditation on God's holy Word." How you decide to mark the season of Lent can vary, and I would like to share a few thoughts with you.

The most widely practiced discipline for Lent is fasting and self-denial. This takes on many forms. Some will choose to forgo consuming some of their favorite foods for the forty days; such as chocolate, or things containing caffeine and alcohol. Others will keep the ancient Church practices of not eating meat on Fridays.

In modern times, people have been taking a closer look at their daily lives and habits. Many find that they spend a lot of time on one or two devices or medias. Tacking a forty day break from social media, cell phones after a certain hour of the day, or cutting down on one's screen time with computers and television, is a new way of refocusing one's attention towards God.

Along with cutting things out, Lent can also be a time of adding things. Setting aside time for an added daily walk has both spiritual and physical health benefits. Adding to your daily routine a time for prayer and quiet reflection, or keeping a prayer journal during Lent can lead to profound personal insights.

Lent is also a time for study. Many will chose sections of the bible to read in-depth. You may want to select a spiritual work to delve into. Our adult forum will be taking on "The Screwtape Letters" by C. S. Lewis. This is one of his classic works. If you have not read it before, please think about joining us for our lively discussions. If you have read it before, come and rediscover this masterpiece.

Whatever your practices are, I hope you find Lent to be a season of preparation. I firmly believe that if someone approaches it with faith and conviction, it will only add to the joy and glory that is the gift of Easter, and the promise and hope of resurrection.

Yours in Christ

Rev. Andrew Reinholz

## *A note from your Senior Warden:*

For those of you who don't know me, I am the proud daughter of Chuck and Dottie, the lucky mom of three grown-ups, Matthew, Benjamin, and Stephanie, and the happy wife (well, most of the time - haha) of Randy. Mom and Dad started coming to Epiphany in the 60's, which means I have been here a long time - attended Sunday School (Betty Fore was my teacher), confirmed here, married here, baptized all my babies, taught Sunday School, Youth Group leader, Nursery worker, Altar Guild member, Usher, Office helper, on most recent Search Committee, and a Vestry member. What I hope you find out about me over the next year is that I have a sincere love for this parish and the people in it.

I believe our future is bright and we have the leadership to see it through. You have a Vestry made of multi-talented people who will serve you well – make sure you pick one to be all your own – that you can go to with any concerns, suggestions, or praises that you have – do not be shy and don't sit on any questions you may have – we may not have the answer, but we can figure it out together.

I am big on communication and keeping everyone up on what is going on in the parish. Let's continue to be the happy, warm, and welcoming parish that we have always been – we will shine from the inside out! Who could help but be attracted to that?

Excited about our future!

Karen Holden

*Congratulations!*  
*Vestry officers for 2018*

***Karen Holden—Senior Warden***  
***Mary Sam Abernathy—Junior Warden***  
***Tad Blackburn—Register***  
***Marty Shephard—Treasurer***

## February Parish Calendar

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
<div>Jan 2018</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>		S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<div>Mar 2018</div> <table> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>		S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<b>1</b> 9:30 AM Lamb's Basket Volunteers (Clients) <div>No Choir or Handbell rehearsal</div>	<b>2</b>	<b>3</b> 8:30 AM Outreach Bag Lunch Program – The Red Team
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<b>18</b> 8:15 AM H.E. 9:30 AM Adult Forum 10:15 AM Sun. Schoo 10:30 AM H.E. <div>Lunch Bunch - Calabash Restaurant 7514 Lee Davis Rd.</div>	<b>19</b> 7:00 PM Chapter 4 meeting in the parlor <div>Office Closed - Presidents' Day</div>	<b>20</b> 6:30 PM Vestry Mtg. 7:00 PM JRRingers	<b>21</b> 12:00 PM H.E. with Healing Prayers	<b>22</b> 9:30 AM Lamb's Basket Volunteers (Clients) 6:15 PM Chancel Choir Rehearsal 7:30 PM Handbell Rehearsal	<b>23</b>	<b>24</b>																																																																																				
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## *Youth Group*

### *Schedule for 2018*

**Feb. 16-17:** LOCK IN you can only attend if you came to the Jan. Meeting. I must also have one male parent spend the night with us at the church.

**March 4:** Lunch out and ice skating

**April 2 –5:** SPRING BREAK TRIP you can only attend if you came to the Jan. meeting. DATES ARE SUBJECT TO CHANGE DEPENDING ON WHERE WE GO.

**May 20:** Coffee Hour



### *Fellowship Activities*

Want to go to Brunch in February??

**Sunday, February 18<sup>th</sup>,**

the 'lunch brunch group' will be going to lunch at

**Calabash Restaurant**, 7514 Lee Davis Rd., Mechanicsville

If you are interested, please contact **Jean Riddick**, 264-0935,

or call Lucy in the office, 266-2503.

### *Chapter 4*

will meet on Monday, February 19 at 7:00 PM in the parlor.

If any one is interested in getting involved with a chapter, please come and check it out.

Visitors are always welcome!

*Lent begins on Wednesday,  
February 14<sup>th</sup>*

Ash Wednesday Service, with Imposition of Ashes, here at Epiphany at 12:00 noon and 7:00 PM on February 14<sup>th</sup>.

***Voice From the Pew***” is a new regular feature of the newsletter. It will highlight experiences and events in the life of our parish. We will always be looking for more members to share their stories, so please talk to Lucy or Father Andrew if you think you would like to contribute”

## “Voice from the Pew”

From Mary Sam Abernathy

The Church of the Epiphany is such a caring place! It is a place to feel at home. Warmth and friendship are such a big part of the children’s programs. Two of my children have been blessed to participate in the youth group and in the acolyte program. Diana Stone has provided activities for companionship and growth for our young people. Their questions could always be answered but they were never told what to believe. Participating in the acolyte program, lead by Cheri Blackwell, gives them a sense of pride and belonging to the church. It also provides them a very important reason to be in attendance. As a parent watching children grow, I’m glad they have Epiphany to help them on their way.

### *A Tip of the Hat to*

*Sue Rasmussen and*

*her helpers!*

*A big thank you to Sue and her helpers for the wonderful time everyone had at the **Birthday Covered Dish Celebration!** There was good food and great fellowship! Thanks again Sue for your hard work putting everything together! A great time was had by all!*

### **Adult Forum During Lent**

We will be reading “The Screwtape Letters” a classic by C.S. Lewis.

Our classes begin on February 18<sup>th</sup> at 9:30 am in the parlor. We will be discussing letters 1 through 6 for our first class, and six letters each for the following classes.

Join in discovering or rediscovering this masterpiece by one of our Anglican Traditions most celebrated authors.

All are welcomed and invited to come!

**OUTREACH LUNCHES 2018**

This is our 19<sup>th</sup> year of providing lunches for area shelters the first Saturday of each month. We also provide lunches on the first month having a fifth Saturday. All items needed for preparing 100 lunches will be provided in the parish hall ahead of the Saturday 8:30 a.m. starting time. Each team will designate one or two drivers to deliver to the three shelters before 11 a.m.

The teams rotate on a scheduled basis according to calendar below. Contact Paul Jones (281-0117) if you want to join this ministry.

**GREEN TEAM – Gray Corbett (team leader 683-5419)**

Frosine Corbett, Mary Sam Abernathy, Karen Tucker and Timon Kenyi

**RED TEAM – Cory Isemann (team leader 519-7267)**

Shirley Hughson, Melba Shumaker, Jan Lawrence and Diana Stone

**VESTRY TEAM - Sr. or Jr Warden (team leader)**

4-5 Vestry members make up the team

**YELLOW TEAM - Paul Jones (team leader 281-0117)**

Debbie Jones, Nancy Sonne, Patty White and Carol Campus

**CHAPTER 4 – Tillie Freeze (team leader 672-3211)**

4-5 Chapter 4 members make up the team

**CHAPTER 11 – Gray Corbett (team leader 683-65419)**

4-5 Chapter 11 members make up the team

**OUTREACH FEEDING PROGRAM SCHEDULE FOR 2018**

January 6	GREEN TEAM	July 7	GREEN TEAM
February 3	RED TEAM	August 4	RED TEAM
March 3	VESTRY TEAM	September 1	VESTRY TEAM
*March 31	GREEN TEAM		
April 7	YELLOW TEAM	October 6	YELLOW TEAM
May 5	CHAPTER 4 TEAM	November 3	CHAPTER 4 TEAM
June 2	CHAPTER 11 TEAM	December 1	CHAPTER 11 TEAM

**BACK BY POLULAR DEMAND!**

***BIG NIGHT OUT***

***Dining, Dancing, Music  
& some General Foolishness***

**Saturday, February 17**

**Reception 6:00 pm**

**Dinner & Entertainment 6:45pm**

**RSVP at 804 266-2503**

**Donations appreciated**

# Worship Leaders for February

Counters: Diana Stone, Brian White

	February 4 — Epiphany 5
Altar Guild:	Karen & Randy Holden, Cheryl Lineberry
<b>8:15 AM—Holy Eucharist</b>	
Usher:	Tad Blackburn
Reader:	Lauryn Boyd
Chalice:	Harrison Higgins
<b>10:30 AM—Holy Eucharist</b>	
Ushers:	<b>Team 1:</b> Scott, Milton, Palmer, Paul, Beth, Brian
Lessons:	Jeri Anne Townley, Clement Wani
Prayers:	Clement Wani
Chalice:	Stacy Mitchell, Harrison Higgins
Acolytes:	Drew Gilbert, Makenzie Lawrence, Camryn Whittlesey, Ava Whittlesey
Greeters:	Clement Wani, Karen Holden
Nursery:	Gail Wood, Carol Campus, Aggie Gallagher

	February 11 — Last Sunday after Epiphany
Altar Guild:	Dottie Strabley, Lucy Whitlock, Lauryn Boyd
<b>8:15 AM—Holy Eucharist</b>	
Usher:	George Baynes
Reader:	Sam Craver
Chalice:	Harrison Higgins
<b>10:30 AM—Holy Eucharist</b>	
Ushers:	<b>Team 2:</b> Brent, Karen, Billy
Lessons:	Randy Holden, Jeri Anne Townley
Prayers:	Jeri Anne Townley
Chalice:	BJ Mills, Harrison Higgins
Acolytes:	Gift Elionai, Sam Tucker, Eric Ludwig, Camille Wood
Greeters:	Laurie McIntosh, Scott Blackwell
Nursery:	Gail Wood, Kim White, Mary Sam Abernathy

	February 18 — Lent 1
Altar Guild:	Jean Riddick, Melba Shumaker
<b>8:15 AM—Holy Eucharist</b>	
Usher:	Mike Nicholas
Reader:	Tad Blackburn
Chalice:	Harrison Higgins
<b>10:30 AM—Holy Eucharist</b>	
Ushers:	<b>Team 3:</b> Eddie, George, Cory, Frosine, Herb
Lessons:	Buddy Dunn, David Tuck
Prayers:	David Tuck
Chalice:	Gray Corbett, Harrison Higgins
Acolytes:	Logan Abernathy, Nick Ludwig, Ginny Tucker, Bailey Nixon
Greeters:	Carol Campus, Mary Sam Abernathy
Nursery:	Gail Wood, Patty White, Christine Couturier, Loyce Kiplagat

	February 25 — Lent 2
Altar Guild:	Kathy Jimerson, Carol McElhinney, Kathy Nicholas
<b>8:15 AM—Holy Eucharist</b>	
Usher:	Chris Tignor
Reader:	Lauryn Boyd
Chalice:	Harrison Higgins
<b>8:15 AM—Holy Eucharist</b>	
Ushers:	<b>Team 4:</b> Chuck, Aggie, Mike, Lee, Kim
Lessons:	Cheri Blackwell, Stacy Mitchell
Prayers:	Stacy Mitchell
Chalice:	Herb Williams, Harrison Higgins
Acolytes:	Austin White, Will Craver, Kayleigh Gilbert, Jay Tucker
Greeters:	Patty White, Carol McElhinney
Nursery:	Gail Wood, Dwight Ludwig, Scott Blackwell



## Days of Blessing in February!

### Happy Birthday

February 1	David Tuck Ann Schaefer	February 21	Patrick Scoggin
February 6	Sandy Tignor David Van Valkenburg IV	February 22	Marty Shephard Laurie McIntosh
February 9	Kathy Jimerson	February 23	Jeff Pegram Claudia Abernathy
February 12	Billy Tucker	February 24	Lauryn Boyd
February 14	Chip Dunn	February 25	Paul Hampton Joyce Whitlock
February 18	Deborah Chenault	February 26	Lucy Whitlock Gift Elionai
February 19	Charlotte Lovelace Jeff Strabley Penny Johnson Jay Tucker		

## Standing in the Need of Prayer

### Those who are ill or have special needs:

**New to the Prayer List:** Fred Bales

**Parishioners:** Dottie Strabley, Mike Young, Lydia Callaway, Caroline Hager, Tillie Freeze, Bob Jimerson, Chuck Strabley

**Homebound:** Sarah Fore, Ray Hampton, Dot Hudson, Ray & Charlotte Lovelace, Jackie Martin, Connie Neal, Juliet Wynne;

**Family & Friends:** Michael Abraham—cousin of Sandy Ruder & Denise Russell, Dave Holsapple—Stacy Mitchells friend, Norma Hanko—Lucy Whitlock's mother, John Stone IV—John Stone's father, Sawyer Perkins—friend of Maura & Cora Whitlock, Sara Mateyka—friend of Megan O'Toole's, Sydney Dunn—daughter of Chip Dunn, Andy & Carolyn Holden—Randy Holden's parents, Roy Huskins—cousin of Mike Nicholas, Marvin Blizzard—friend of Mike Nicholas, Sherry Brandemahl—Skyler Strabley's mother-in-law, Jim Selfe—friend of Gray Corbett, Jean Skinner—aunt of Sandy Tignor & Marty Shephard, Hope Lineberry—Cheryl Lineberry's granddaughter.

**Those Serving in the Armed Forces especially:** Benjamin Hoffert, Patrick Lineberry, Caitlin Mitchell, Bryan Murphy, Billy Tucker, Andrew Smith and Tyler Watts.

**Those expecting a Child:** Cory & Jessica Iseman, Palmer & Heather Hollister, Stephen & Anna Jones, Nick & Elizabeth Wolf

**Prayers for the departed:**



# LENTEN QUIET DAY

Thursday, February 22, 2018

offered by the

Episcopal Churchwomen of the Diocese of Virginia

*“The Life of Faith in Four Songs”*

Led by

The Rt. Rev. Susan Goff, Bishop Suffragan  
Diocese of Virginia

Roslyn Conference and Retreat Center  
8727 River Road  
Richmond, Virginia 23229

.....  
Registration and coffee begin at 9:30 a.m. with Bishop Susan to begin at 10 a.m. *The cost for the day is \$35.* For more information, please contact Mary Holly Bigelow at [maryholly@verizon.net](mailto:maryholly@verizon.net) or 804-285-2598.

Name \_\_\_\_\_ Address \_\_\_\_\_

City and zip \_\_\_\_\_; Church \_\_\_\_\_

Telephone: \_\_\_\_\_ Email \_\_\_\_\_

Mail to Mary Holly Bigelow, 7613 Hollins Road, Richmond 23229 804-285-2598  
OR CALL KATHY JIMERSON FOR MORE DETAILS 651-2559  
[Katiesj2007@comcast.net](mailto:Katiesj2007@comcast.net)

## Just the Facts: Leadership and Contact Information at Church of the Epiphany

Office address: 8000 Hermitage Rd, Richmond, VA 23228 Phone: 804-266-2503 inquiry@epiphanyepiscopal.com

Father Andrew Reinholz, Rector 804 266-2503 office (Pastoral care) 1 610-780-1420 (cell)

The Rev. Deacon Harrison Higgins, IV, Deacon 804 355-5501 (cell)

Lucy Whitlock, Office Administrator lucy.whitlock@epiphanyepiscopal.com

Anita Williams, Music Director

Timon Kenyi, Sexton

### Vestry

Karen Holden, Senior Warden

Mary Sam Abernathy, Junior Warden

Marty Shephard, Treasurer

Tad Blackburn, Register

Mary Sam Abernathy (2018) Scott Blackwell (2018)

Carol Campus (2018)

Karen Holden (2019) Clement Wani (2019)

Patty White (2019)

Tad Blackburn (2020) Carol McElhinney (2020)

Laurie McIntosh (2020)

### Office Hours :

Lucy is in the office Monday, Tuesday, Wednesday, Thursday from 9 am to 2 pm.

Call before stopping by to make sure someone is here to let you in.

*May the light of God's blessing, like the Epiphany star, always guide  
you on the path toward Him.*